

NEWINGTON HIGH SCHOOL ATHLETICS WINTER SPORT REGISTRATION

Winter sports begin Saturday, November 21, 2020 (Subject to Change)

WHAT DO I NEED TO DO?

> CHECK YOUR ELIGIBILITY

1.) Academic Eligibility:

• Student-athletes must have passed **FOUR (4)** classes that meet every day during the <u>first quarter</u>.

2.) Physical Eligibility:

- For a winter sport, a physical must be from <u>October 21, 2019 or more recent</u> and be on file with the NHS nurse PRIOR TO 12 pm, on November 19th.
- You must use the State of Connecticut Health Assessment Record 'HAR-3 Rev. 4/2012' (blue form) for a physical. It is available in the NHS main office, NHS nurses' office, your doctor's office, or on the Newington Athletics website.
- The physician must 'check' the box on that blue form that states, "This student may participate fully in athletic activities and competitive sports."

NHS Sport Physicals:

Newington High School offers sport physicals in the nurses' office. Student <u>must</u> have written parent permission with them the day of the physical in order for it to be performed.

- Physical Date: Tuesday November 17, 2020
- Students must sign up in the nurses' office by Friday November 13, 2020

I AM ELIGIBLE, WHAT'S NEXT?

> ALL 3 ITEMS BELOW MUST BE COMPLETED BETWEEN NOVEMBER 2-20, 2020

1.) ONLINE REGISTRATION!

- Visit <u>www.newingtonathletics.com</u> and click on the "Registration" tab at the top.
- Click on "Winter Sport Online Registration", which will direct you to the online registration.
- The online registration is complete when you click the blue "Submit" button on the last page.
- Any registrations received after 12 pm, on November 20th will result in a late start.
- Registration status can be found under the "Forms" tab on www.newingtonathletics.com

2.) Physical:

• To be eligible, student athletes must have a valid physical **on file with the NHS nurses' office** dated after October 21, 2019 by 12 pm, on November 19th.

3.) Participation Fee:

- A check for \$100.00* (One hundred dollars) made payable to: Newington Athletic Fund. • *Ice Hockey requires a \$550.00 (five hundred fifty dollars) participation fee.
- Must be turned in to the Athletic Office, Room 120 by 12 pm, on November 20th to start on time. **Fees** turned in after the deadline will result in a late start.
- If student does not appear on regular season roster, checks will be shredded.
- Checks will be deposited after the first day of competition (12/7/20).

Please see reverse side of this paper for information on pre-season sport meetings held by each coach. If you have any questions or concerns, feel free to visit or call the athletic office (860)666-5611 x1620.

Newington High School Athletic Teams

2020 - 2021 School Year

Winter Sports begin November 21, 2020

Sport	Coach's Name	Contact Information	Preseason Meeting	Time	Virtual Meeting
Basketball - Boys	Mr. Eddie Quick	quick.ej@easthartford.org	Monday, 10/26	7:00 p.m.	
Basketball - Girls	Mr. Marc Tancredi	mtancredi4@gmail.com	Thursday, 10/29	7:00 p.m.	
Ice Hockey	Mr. David Harackiewicz	harackiewicz@ccsu.edu	Thursday, 10/29	7:00 p.m.	
Indoor Track - Boys & Girls	Ms. Jen Deschenes	jen.deschenes@gmail.com	Thursday, 10/29	6:00 p.m.	
Swimming & Diving - Boys	Ms. Crystal Connery	cconnery13@gmail.com	Monday, 10/26	5:30 p.m.	
Wrestling	Mr. Thuong Nguyen	nguyt001@hartfordschools.org	Wednesday, 10/28	4:00 p.m.	